



MY LIFE AND ME

ALL ABOUT MY CHILD



Be attached to your roots like a solid tree. Your roots will give you energy, life and power. Remember always to spread your wings and fly like an eagle. When you are high, look backward at your memories, treasure them in your heart as they will keep you moving forward in your future flights.

– a mother who relishes memories with her son.

MY CHILD

Date:

Parent(s):

My child's full name:

Nickname (if any):

Current age of my child:

My child's date of birth:

I/we gave my/our child this name because:

Their name means:



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Multicultural Child and Family Program
Settlement Services International
2/462 Chapel Road
Bankstown, NSW 2200
t: 02 8713 9200
e: fostercare@ssi.org.au
www.ssi.org.au

